Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Athlete's Foot	Itching, burning, rash, cracked peeling skin, blisters, musty smell		**None**	*Athlete's foot is not a serious condition. Treatment is recommended.*	
Chicken Pox	Itchy rash that progresses from red spots to fluid-filled blisters.		**5 days from onset of rash**	*Blisters on the rash must be dry and crusted over.*	
Cold Sores *(herpes simplex)*	A tingling or burning sensation before painful blisters form around the mouth		**None**	*Avoid kissing and contact with the sores. Cold Sores are generally mild and heal without treatment.*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Conjunctivitis	Redness, swelling, and a gritty or itchy feeling in one or both eyes		**None**	*If an outbreak/If an outbreak/ cluster occurs, consult your local HPT.*	
Diarrhoea & Vomiting	Very loose stool		**Whilst Symptomatic and, 48 hours after last symptoms**		
Diphtheria	A sore throat, fever, and swollen neck glands, often followed by the development of a thick, grey membrane covering the throat and tonsils		**Exclusion is essential. Always consult with your local HPT.**	*Preventable by vaccination. Family contacts must be excluded until cleared to return by your local HPT.*	
Flu *(influenza)*	A sudden high temperature, cough, headache, sore muscles, tiredness, sore throat, and a runny or stuffy nose.		**Until recovered**	*Report outbreaks to your local HPT.*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Glandular Fever	Extreme fatigue, a high temperature, a sore throat, and swollen glands in the neck		**None**		
Hand, Foot & Mouth	An initial fever, sore throat, and loss of appetite, followed by painful mouth ulcers and a rash with spots or blisters on the hands and feet.		**None**	*Contact your local HPT if a large number of children are affected. Exclusion may be considered in circumstances.*	
Head Lice	Itching head and white dots in hair.		**None**	*Treatment recommended only when live lice seen.*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Impetigo	Red sores that turn into honey-coloured, crusty patches, often on the face, nose, and mouth.		**Until lesions Or crusted/field or 48 hours after starting antibiotic treatment.**	*Antibiotic treatment speeds healing and reduces the infectious period.*	
Measles	A high fever, cough, runny nose, red and watery eyes, and a rash that appears 3-5 days after the initial symptoms.		**4 days from onset of rash and recovered.**	*Preventable by vaccination (2 does of MMR). Promote MMR for all children and staff. Pregnant staff contacts should seek prompt advice from their GP or midwife.*	
Hepatitis A	Fever, fatigue, nausea, and abdominal pain.		**Exclude until seven days after onset of jaundice (or 7 days after sent him on jaundice)**	*In an outbreak Of Hepatitis A, your local HPT would advise on control measures.*	
Hepatitis B, C, HIV	Fatigue, poor appetite, nausea, and abdominal pain.		**None**	*Hepatitis B and C and HIV are blood borne viruses that are not infectious through casual contacts. Contact your local HPT will*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
				advise on any action needed.	
Meningococc/ AL Hepatitis/ Septicaemia	A high temperature, cold hands and feet, vomiting, confusion, breathing quickly, muscle and joint pain, pale, mottled or blotchy skin.		**Until recovered**	*Meningitis ACWY and B are preventable by vaccination. Contact your local HPT will advise on any action needed.*	
Meningitis (due to other bacteria)	A high fever, severe headache, stiff neck, and sensitivity to light.		**Until recovered**	*Hib and pneumococcal menigintis are preventable by vaccination. Contact your local HPT will advise on any action needed.*	
Meningitus (viral)	A high fever, severe headache, stiff neck, and sensitivity to light.		**None**	*Milder illness than bacterial meningitis. Siblings and other close contacts of a case need not to be excluded.*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
MRSA	A skin infection that looks like a pimple, boil, or spider bite, characterized by a red, swollen, and painful bump that may be warm to the touch and ooze pus		**None**	*Good hygiene, In particular hand washing and environmental cleaning are important to minimise spread.*	
Mumps	Painful, swollen salivary glands, most notably the ones below the ears, which can make the face look puffy.		**5 days after onset of swelling**	*Preventable by vaccination with two doses of MMR. Promote MMR for all children and staff.*	
Ringworm	A red, scaly, and itchy rash, which is often ring-shaped with a raised border.		**Not usually required**	*Treatment is needed.*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Rubella *(German measles)*	A red-pink rash that starts on the face and spreads down the body, swollen glands in the head and neck, and cold-like symptoms such as a runny nose, cough, and sore throat.		**4 days from onset of rash**	*Preventable by vaccination with two doses of MMR. Promote MMR for all children and staff.*	
Scarlet Fever	A red-pink rash that starts on the face and spreads down the body, swollen glands in the head and neck, and cold-like symptoms such as a runny nose, cough, and sore throat.		**Exclude until 24hrs of appropriate antibiotic treatment completed**	*A person is infectious for 2-3 weeks if antibiotics and not administered. In the event of two or more suspected cases, please contact your local HPT.*	
Scabies	A very itchy rash, especially at night, along with small red bumps and tiny burrows (wavy lines) on the skin.		**Can return after first treatment**	*Household and close contacts require treatment at the same time.*	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Slapped Cheek	Initial cold-like symptoms such as a high temperature, headache, runny nose, and sore throat, followed by a characteristic bright red rash on the cheeks.		**None (once rash has developed)**	Pregnant contact of case should consult with their GP or midwife.	
Threadworms	Intense itching around the anus.		**None**	Treatment recommended for child and household.	
Tonsilitis	A sore throat, pain when swallowing, and a high temperature.		**None**	There are many causes, but most cases are due to viruses and do not need antibiotics.	
Tuberculosis (TB)	Fever, tiredness, sweating at night time and weight loss.		**Always consult your local HPT BEFORE disseminating information to staff/parents/carers**	Only, pulmonary TB is infectious to others. Needs close, prolonged contact to spread.	

Illness	Possible Symptoms	What it might look like?	Exclusion Period	Comments	*Link for further information*
Warts & Verrucae	A small, rough, and sometimes cauliflower-like lump on the sole of the foot, often with tiny black dots inside.		**None**	Verrucae should be covered in swimming pools, gyms and changing rooms.	
Whooping Cough	A runny nose, mild cough, and low fever.		**2 days from starting antibiotic treatment, or 21 days from onset of symptoms if no antibiotics.**	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your local HPT will organise any contact tracing.	

HPT = Your local Health Protection Team